



Celebrating 20 Years of Giving

Charities of the 2010 Falmouth Walk

“The Haven for Healing”...*In the truest sense of the word, these good folks provide a “Haven” for people in treatment for various types of cancer. The programs that are provided are free because they feel that clients in treatment need to be “treated.” Some of these programs include weekly bodywork treatment, classes on meditation, nutrition, exercise yoga, tai-chi and strengthening, gardening and pottery. Legal consultations are available by attorneys volunteering their services. They also provide computer access for health research, listing of care-givers, and access to other support groups. Transportation is available to the Haven and also for Doctor’s office visits. For those who are unable to cook for themselves, a meals sharing program is available. The Haven for Healing has been fortunate to have many competent professionals volunteer their time and services.*

“The Falmouth Military Support Group”...*This organization was founded in 2003 and is staffed and managed entirely of volunteers. It is the Group’s mission to provide moral and physical support to the area’s service members serving our Country overseas. The same support is shown to each of them upon their arrival back home. Packages that include letters of encouragement, simple items such as underwear, socks, toiletries and personal comfort items, are sent out every month. They also provide support for the families and friends of the kids serving in Iraq and Afghanistan, at a meeting place where they can all gather and lend support to each other.*

The Falmouth Military Support Group has mailed almost 3000 packages to our troops serving abroad. They provide addressed envelopes at key locations around town so anyone can pick one up and write a letter of encouragement to a soldier from home. They continue to place yellow ribbons around town and replace where needed. Thousands of dollars are earmarked for scholarships and job-training for returning veterans.

“Around The Table” meals kitchen...*For the 24 years, this all-volunteer organization has donated its time and energy by providing hot meals for anyone in need. Their slogan, “No one needs to go hungry” is evident, in that almost 5000 meals were served this past year. This number has been increasing due to the growing number of people out of work.*

Around The Table does not initiate any self-promoting, fundraising efforts. They rely strictly on monetary or food donations from the community. Saint Barnabas Memorial Church has provided space for this special program where hot meals are served every Monday, Wednesday and Friday.

“The Ellen T. Mitchell Scholarship Fund”...*This fund was established by the Mitchell family to honor their mother, Ellen, who was a dedicated member of the Falmouth Beach Committee for 25 years. Her commitment was to the young men and women who patrolled the Falmouth beaches during the summer months and to all of the people who visited the beaches. She expected all beach employees to mirror her high standards for clean and safe beaches. Ellen wanted everyone who visited the Falmouth beaches to have a safe and pleasant experience.*

Every beach employee attending college is eligible to apply for the Scholarship. Applicants must prepare an essay on “how working for the Falmouth beaches has had a positive influence on my life.” Ellen always knew in her heart that the lives of “her kids” would be touched by the memories, new friendships and experiences of “One Summer in Falmouth.”

“Wings for Falmouth Families”... *This organization is a community-based charity that provides local families with financial assistance when they are experiencing a medical crisis or tragic event. Medical costs may be covered by insurance, but spousal loss of work, childcare and housing expenses add up to an enormous burden. Established in 2003.*

Visit our website.....www.falmouthwalk.org

We are a 501 (c) 3 non profit organization, staffed and managed entirely by Volunteers.